

# **Catholic Mutual...CARES**

## **Simple Technology Assessment and Health Check**

### **Cyber Security Policies and Procedures:**

1. Do you have a documented Cyber Security Policy?
2. Does the policy address items such as two-factor authentication, portable media, mobile devices and wireless access?
3. Are employees aware of, understand and trained to follow the policy?
4. Are the policies and procedures reviewed regularly and kept up to date?

### **Network and Asset Protection:**

1. Do you have adequate firewalls?
2. Are applications regularly patched for updates?
3. Has your asset inventory been documented to include the equipment and who possesses the equipment?
4. Are user accounts controlled, monitored, and protected against unauthorized physical access?

### **Data Protection and Recovery:**

1. Have you defined what types of data need to be protected and at what level?
2. Are appropriate protection and encryption technologies in place?
3. Is data regularly backed up and protected?

### **Anti-Malware Measures:**

1. Do you have adequate anti-malware software installed on equipment?
2. Does the anti-malware software regularly scan to detect malicious files from e-mail, compromised websites and other sources?
3. Are applications regularly patched for updates?

### **Contingency Planning and Incident Response/Recovery:**

1. Can you identify a cyber-security incident when it happens?
2. Do you have a response plan in place?
3. Have you tested recovery processes such as the restore-from-backup scenario for success?
4. Does your plan include a plan for core business activities should a major system failure occur?